

## **Presenters' Disclosure**

### **Faculty:**

Richard Jock

### **Relationship with commercial interests:**

None

### **Potential for conflict(s) of interest:**

None

### **Mitigating Potential Bias:**

 The information presented is based on available data and evaluation findings. All efforts have been made to provide fair and balanced perspectives.



## First Nations in Health System Transformation

- As the Ministry of Health and GPSC implement primary health care transformation, First Nations and our unique perspectives on health and wellness must be visible in the process.
- It is our collective responsibility to ensure that First Nations benefit from this system wide transformation.
- The First Nations Health Authority and the Ministry of Health have a Letter of Mutual Accountability committing to ensure that First Nations are full participants in the development of Primary Care Networks.
- Through the Health Systems Matrix and other supplemental data, we will be able to monitor and measure the impact for First Nations in BC.
- The Health Systems Matrix database (2014/15) provides observations of the performance of the health system for First Nations.

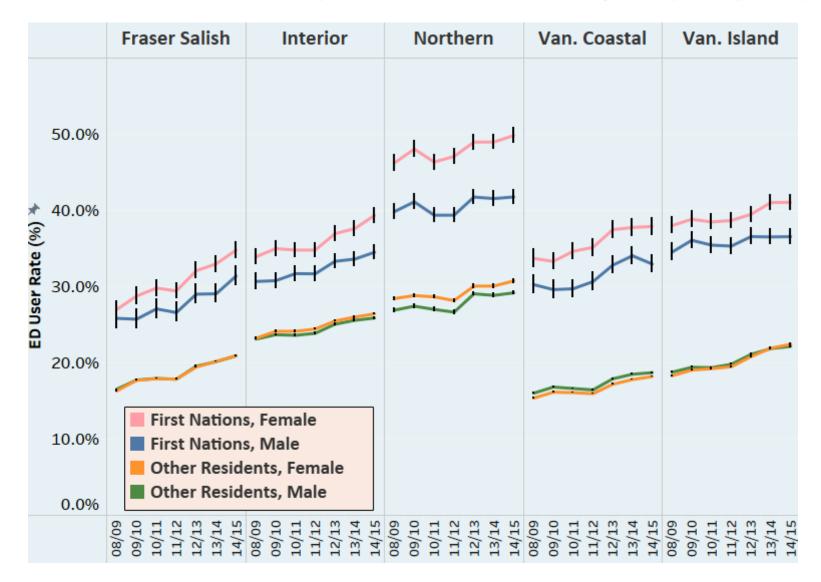
# First Nations had lower rates of attachment to GPs compared to Other Residents



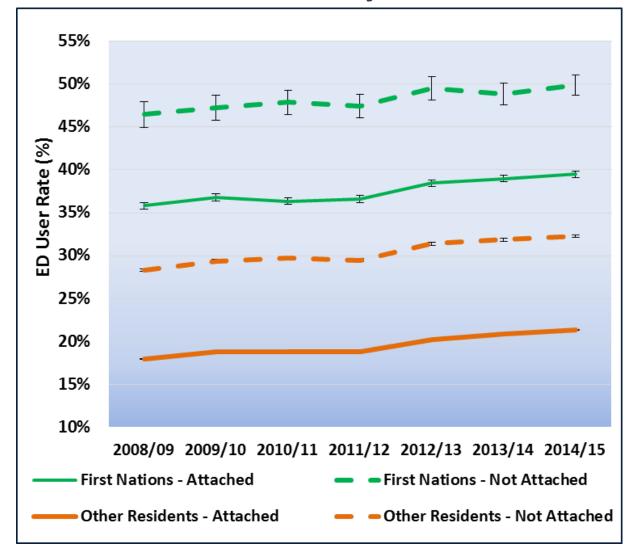
First Nations attachment rates in all age groups were less than Other Resident rates in 2014/15 (largest difference was seen in the 50 – 64 and 75+ age groups)



## First Nations were overrepresented in emergency departments

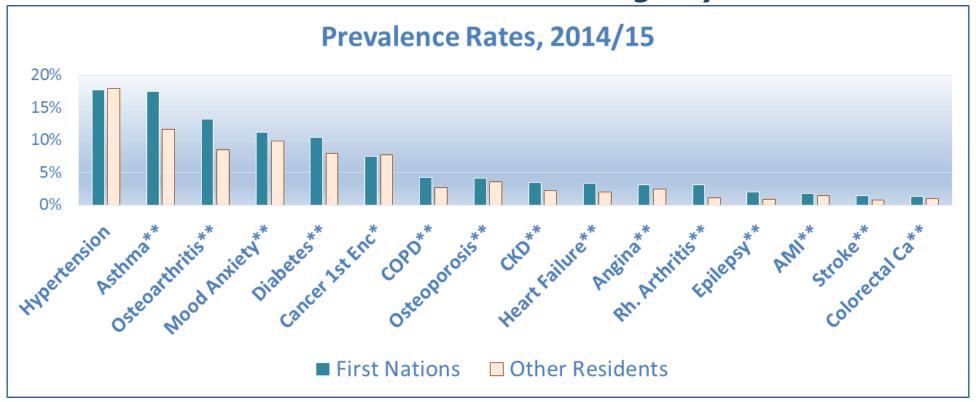


# First Nations had higher utilization of the emergency department whether they were attached to a GP or not



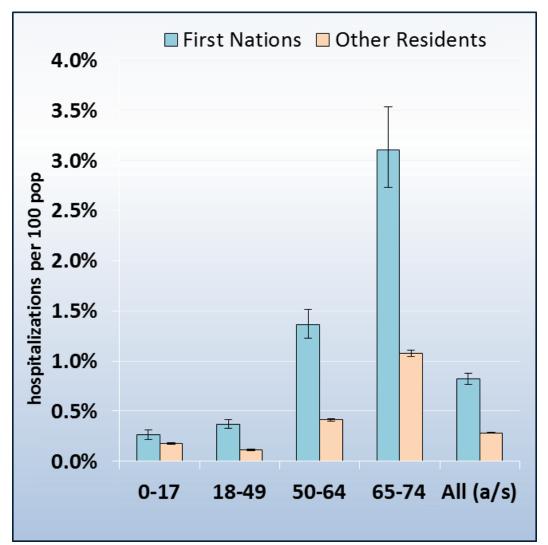
- In both attached and non-attached populations, the use of ED (seen via user rate analysis) increased over the time period.
- First Nation females were more likely be users of physician services in the ED than First Nations males whether attached or not.

# First Nations had elevated rates of 17 conditions in the BC Chronic Condition Registry



- First Nations compared to Other Residents
  - \*\* in diagram significantly higher
  - \* in diagram significantly lower (cancer 1st encounter and prostate cancer)
- Generally, female rates were higher than male rates, except for cardiovascular conditions

# First Nations experienced higher rates of hospitalizations for ambulatory care sensitive conditions



- ACSC are those conditions, which if treated appropriately in primary care, should not result in hospitalization (e.g. asthma, diabetes, hypertension and angina among others).
- The rate of ACSC hospitalizations increased across the adult life course in both First Nations and Other Resident populations.
  - First Nations ACSC hospitalization rates were significantly higher across all age groups and for the a/s rate (0-74 yrs).
- Gap between First Nations and Other Residents ACSC hospitalization rate:
  - 50% higher in the 0-17 age group, to
  - 3.3X higher in the 50 64 age group



## From the voices of our people and from the data, we hear:

- Addressing the social determinants of health is important in improving the health of First Nations.
- There is a need for enhanced cultural safety and humility in the health system to facilitate greater access to primary health care services.
- Continued collaboration directed to improving primary care access will strengthen and continue to enhance benefits to our population now seen from the PCN/PMH initiative.
- Flexibility is needed for different models in certain environments. For example, more community and team-based approaches to care may be developed that are not physician-led. We have some promising examples across the province where these models add value.